



Sampada



संपदा



The Official Bulletin of RCD Resources

January 31, 2023 Volume 1 Issue 11

Let's Serve Those Today Who Serve Us Everyday

RCD South West, RCD Govinda,
RCD Okhla City, RCD Ridge,
RCD Cosmopolitan Greater
RCD Resources



**IMAGINE
ROTARY**
RID 3011, Zone 12

12 pm
8th September 2022

Gifting Class room tables
Nigam Pratibha Vidhyalay,
Masoodpur, Vasant Kunj



**Rotary CLUB OF DELHI
RESOURCES**
ZONE 12 DISTRICT 3011 CLUB ID - 224707

Planting of Peepal Trees
To Celebrate the Birthday of Our PM



10 BENEFITS OF PEEPAL TREE

1. Treats Persistent Skin Itching
2. Cures Poor Appetite
3. Heals toothache
4. Repairs, Dry Cracked Heels
5. Purifies Blood
6. Cures Ear Infection
7. Boosts Cardiac Health
8. Diarrhea with Blood
9. Arrests Nasal Bleeding
10. Improves Lung Power



DR. MOHD. AMIN



SUNIL KUMAR DAY

SEP 17, 2022

11:00 AM - 11:30AM

VENUE :- BJP HEADQUARTERS, Pt. D.D.
Upadhyaya Marg, New Delhi - 110002

**Rotary CLUB OF DELHI
RESOURCES**
ZONE 12 DISTRICT 3011 CLUB ID - 224707

PULSE POLIO IMMUNIZATION CAMPAIGN
(FOR AGE GROUP UP TO 5 YEARS)

One Drop of Polio
Can Save Your Child



**END POLIO
NOW**
IS A COMMITMENT
NOT A DREAM

SEP 18, 2022

09:00 AM - 05:00PM

SEP 01, 2022 **Rotary** 10 AM - 2 PM

FREE MAMMOGRAPHY CAMP
(For Detection of Breast Cancer
For 40 - 70 yrs old)

VENUE : USI PREMISES, RTR MARG,
SHANKAR VIHAR, NEW DELHI - 110057



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**ROTARY CLUB OF
DELHI RESOURCES**
ZONE 12 DISTRICT 3011 CLUB ID - 224707

JAN 05, 2023 **Rotary** 11 AM - 2 PM

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DELHI RESOURCES**
ZONE 12 DISTRICT 3011 CLUB ID - 224707

LIBRARY - 9

**LET'S
PROMOTE READING**

Location :
Samaj Sadan, J-11, South Ex-1.

GAURAV BATRA : 98732 54800
MR. RAJIV GOEL, RWA PRESIDENT : 9810757975
MR. YOGESH KHETARPAL, RWA VICE-PRESIDENT : 9953552430

MAKONS KIDS UNPLUGGED
pre-school, daycare, activity centre.

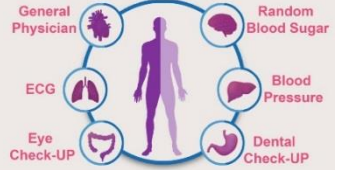
**FREE VACCINATION CAMP
& EYE CHECK-UP CAMP**
under specialist Doctors Team
on
Saturday 27th August 2022
Timing: from 10 AM to 2 PM

Age group 18+ covaxin and covidshield & Booster Doses
All those who don't have ID Proofs can also get Vaccinated. Please mobilise your Guards, Helpers, Maids who don't have ID proofs.
All residents should take benefit of these health related services

Vani aggarwal, Preeti Sharma, Sunil Kumar Day, Rakesh Banga
E-mail : chattarpur@makons.com, Facebook page : facebook.com/makonschattarpur

NOV 12, 2022 **Rotary** 10 AM - 2 PM

FREE GENRAL HEALTH CHECK-UP
BY : SENIOR CITIZEN FORUM, LAJPAT NAGAR-3.
FIRST COME, FIRST SERVED



CO-SPONSORED BY
**ROTARY CLUB OF
DELHI RESOURCES**
ZONE 12 DISTRICT 3011 CLUB ID - 224707

FORTIS : MS. ANJALI NAUTIYAL

SEP 28, 2022 & SEP 29, 2022 **Rotary** 09 AM - 2 PM

FREE DENTAL CHECK-UP
VENUE : Balvant Rai Mehta School,
Greater Kailash-II, New Delhi-110048



JOINT PROJECT BY
**ROTARY CLUB OF DELHI
RESOURCES**
&
**ROTARY CLUB OF DELHI
INDRAPRASTHA OKHLA**

Rotary DISTRICT - 3011

Ashok Kantoor District Governor 2022-23

Sapno Ki Udaan
Sponsored by **RIKALP FOUNDATION**
N-22, Jangpura Extension, New Delhi - 110014
Visit : www.sapnokiuadaan.org | Mobile No. +91 9650364348

Managed By
**ROTARY CLUB OF
DELHI RAJDHANI**
RTN. MANOJ AGGARWAL President
RTN. ABHISHEK SAHAI Hony. Secretary

RTN. MANOJ AGGARWAL Club President
RTN. ABHISHEK SAHAI Club Secretary
RTN. RAJEEV MITTAL District Social welfare, Sanitation & Hygiene Chair

OCT 19, 2022 **Rotary** 12 PM - 1 PM

DISTRIBUTIONS OF NOTEBOOKS
VENUE : Ratan Chand Arya Public School, Y
Block, Arya Samaj Sarojini Nagar

**THE GIFT
OF
LITERACY
THROUGH
ROTARY**
In Collaboration of
**ROTARY CLUB OF DELHI
RESOURCES**
&
**ROTARY CLUB OF ROHTAK
SCHOLARS**

OCT 20, 2022 **Rotary** 10 AM - 12 NOON

DIWALI AT OLD AGE HOME
VENUE : D-64-A, B-1 /1, near, Palam - Dabri Marg,
Dashrath Puri, New Delhi, Delhi 110045

**SPONSORED BY
ROTARY CLUB OF
DELHI RESOURCES**
ZONE 12 DISTRICT 3011 CLUB ID - 224707
&
JLDAV RBE, Paschim Vihar

**All India Institute Of
Medical Science (AIIMS)**

Rotary District 3011 Zone 12

IMAGINE ROTARY

**Rotary Club of
Delhi Resources**
Club ID 224707

**KEYNOTE ADDRESS BY:
DR. PIYUSH
DEPARTMENT OF
SURGICAL SCIENCE - AIIMS**

Rtn. Dr. Pushpa Sethi
Senior Gynecologist
Distt Chair Women Health & Empowerment

Rtn. Dr. Savita Chopra
MD Radiology, Spi in Breast Imaging

**Rtn. NICOLETA,
CLUB SECRETARY**

**Rtn. NITI DAY,
MAMMOGRAPHY MISSION CHAIR**

FREE TESTING FOR :-
1. General Check UP For All BP / Sugar
2. Cancer Screening
For Men - Oral Screening (No Age Limit)
For Women - Breast & Oral
Any Specific Problems For Men / Women

UNDER THE GUIDANCE OF:
Rtn. ARUN REKHA
Rtn. ARUN ROONGTA, AG

DEC 10, 2022 12 NOON - 4PM

**CANCER
SCREENING**
Venue : Anand Parbat,
Military Station.

**Rtn. SUNIL KUMAR DAY,
CLUB PRESIDENT - 9911894444**

TOGETHER PEOPLE CREATE CHANGE



Let's Serve Those Today Who Serve Us Everyday



A Note by President Rtn Sunil Kumar Day

This bulletin needs a special mention of the passing away of India's most decorated Architect Dr. Balkrishna Vithaldas Doshi (B V Doshi), who is also our close relative. We had spent some quality time with him last year. B V Doshi 1927-2023 left us on 24th January 2023. He was conferred all the possible international awards there are for architects.

"If you want freedom, break away from the normal conventions. Break away from all the rules – Forget history book."

BV Doshi

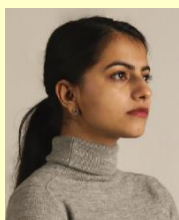


President & 1st Lady with Mr. BV Doshi and his family in February 2022 at his place in Ahmedabad

Board of Directors

President Sunil Kumar Day
President Elect / Treasurer Rakesh Banga
Vice President Sunil Kapoor
Secretary Nicoleta Ioana Ciufudean
Joint Secretary Sara Banga
IT / Social Media Yaduinder Lal
Sgt-at-arms Harish Dang
Club Service Vidushi Lal
CSR Sunil Kapoor
Vocational Service Alok Sahdev
Community Service Dinesh Kumar Shrivastava
International Service Nicoleta Ioana Ciufudean
New Gen. / Public Image Niti Day
Membership Alka Banga
The Rotary Foundation Alok Sahdev
Literacy (T-E-A-C-H) Prabodh Kumar Dubey
Water Sanitation & Hygiene Gurmukh Kotwani

Editor's Note



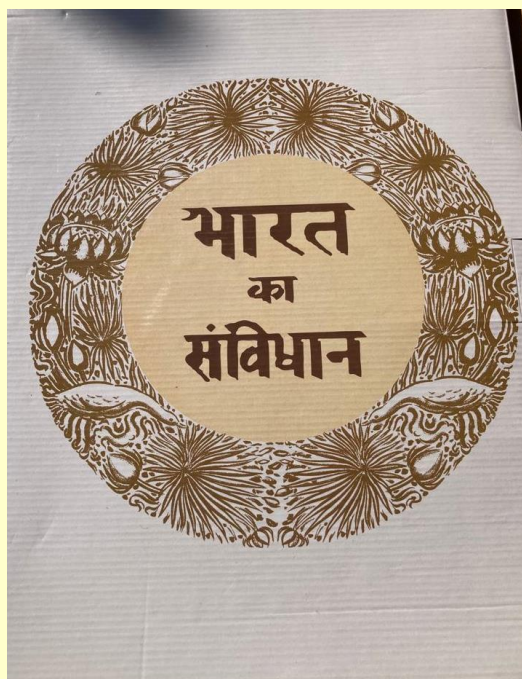
The front and back Covers of this Bulletin indicate our various projects through artwork / posters. We are chugging along with 39 Mammography projects and 54 other projects so far that include some projects jointly with other clubs. It is important for all of us in the club to participate with funds / time and ideas to take the club to higher level with the sole purpose of service the society. We expect to hear good news from our Vice President Rtn. Sunil Kapoor on CSR fund very soon. I also request all of you to visit our website www.rcdelhiresources.rotaryindia.org to review our latest projects / progress. I would also like to congratulate our club president, Mr. Sunil Day for his new position as is Regional Chair for Disease Prevention and Treatment . **Rtn. Vidushi Lal**

"Joy is never tomorrow, it is always now."

Sri Sri Ravi Shankar



Let's Serve Those Today Who Serve Us Everyday



JAN 16, 2023 **Rotary** 12NOON

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ROTARY CLUB OF DELHI RESOURCES

ZONE 12 DISTRICT 3011 CLUB ID - 224707

LIBRARY - 10

LET'S PROMOTE READING

Location :
RATAN CHAND ARYA SCHOOL, SAROJINI NAGAR

CONTACT
SMT TRIPTA SHARMA

Books By : Rtn. SUNIL KUMAR DAY, PRESIDENT
Rtn. NITI DAY, PROJECT CHAIR

The project was second visit at Library #3 today, **16th January 2023** with **77 books/Encyclopedias**, at Rattan Chand Arya Public School, Y Block, Sarojini Nagar, New Delhi – 110023. The project at School was also attended by members of management including Ms. Tripta Sharma Ji as well as Principal Ms. Abbha Ji. Highlight of this event was donation of Constitution of India, as published by Govt. of India. This could be perhaps the first time that a Rotary Club donated such a book to any School anywhere. The children and teachers read some of the pages and it was decided that students will be encouraged to visit the library and read this Constitution of India book for better understanding of India's Constitution.



Let's Serve Those Today Who Serve Us Everyday

JAN 17, 2023



12:30 PM till 2:30

DISTRIBUTION OF SANITARY NAPKIN

VENUE : Udyog Vihar - 1



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DELHI RESOURCES**

ZONE 12

DISTRICT 3011

CLUB ID - 224707



CO-OPERATION WITH
PRAGYATA FOUNDATION

Rtn. NITI DAY, MAMMOGRAPHY MISSION CHAIR
RTN. ALKA BANGA
Rtn. SUNIL KUMAR DAY, CLUB PRESIDENT



On **17th January 2023** RCD Resources distributed 200 packets of Sanitary Napkins in association with Pragyata Foundation to **young girls and women (100)** of Udyog Vihar Phase I, Danduhara Village, Gurugram. Each lady was given supply for 3 months. We will revisit and give additional supplies for next 3 or 6 months. Each packet contain 6 Napkins. The Sanitary Napkins were supplied by Saidham Faridabad / Rtn. Ravi Gujnani and Sankalp Foundation of Rajdhani Club. The distribution was done by the 1st Lady Rtn. Niti Day along with Ms. Mamta and Ms. Lily of Pragyata Foundation. The event was also attended by Zone 12 AG Rtn. Arun Roongta and the Club President as well as other members of Pragyata Foundation.





Let's Serve Those Today Who Serve Us Everyday

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Let's Serve Those Today Who Serve Us Everyday



On **Tuesday 24th January 2023** our club organized a free Mammography Camp at Sarvodaya Vidyalaya, Ali Ganj, Lodhi Colony, New Delhi – 110003 for poor staff and neighborhood women of economically weaker section. However the school teaching staff (4) who were within the bracket of 40 to 70 years also availed this facility. The Mobile Mammography van is a project of Rotary Club Gurgaon. In a day 20 ladies can be checked and we met **100% target**. The roles of Ms. Pushpa Horo, the School Head and Ms. Radhika Adhikari from the neighborhood in conducting this successful camp are highly appreciated.

24-01-2023



10 AM - 2 PM

FREE MAMMOGRAPHY CAMP

(For Detection of Breast Cancer
For 40 - 70 yrs old)

VENUE : SV Aliganj Lodhi Colony



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**ROTARY CLUB OF
DELHI RESOURCES**



ZONE 12 DISTRICT 3011 CLUB ID - 224707

Contact
MS. RADHIKA ADHIKARI - 9289442644

UNDER THE GUIDANCE OF
Ms. PUSHPA HORO

Rtn. NITI DAY, MAMMOGRAPHY MISSION CHAIR - 9868128079

Rtn. SUNIL KUMAR DAY, CLUB PRESIDENT - 9911894444





Let's Serve Those Today Who Serve Us Everyday



On the occasion of Republic Day and Basant Panchami, Celebrations were held on **25th January 2023** (26th January happens to be public holiday) at Rattan Chand Arya Public School, Arya Samaj, Y Block, Sarojini Nagar, New Delhi – 110023. Our club distributed **50 Notebooks & 58 Books** to the students. The project at Arya Samaj was also attended by members of management including Ms. Tripta Sharma. Rtn. Pran Mehta, Dist. Literacy Chair was the Chief Guest and Books / Notebooks were arranged by him. Mr. Yogesh Khetarpal, Vice President of RWA, NDSE 1 was special invitee at the occasion on behalf of our Club.

JAN 25, 2023



10:30 AM - 12:00 PM

DISTRIBUTIONS OF NOTEBOOKS AND BOOKS

Venue: Rattan Chand Arya School, Sarojini Nagar

**THE GIFT
OF
LITERACY
THROUGH
ROTARY**

SPONSORED BY
**ROTARY CLUB OF
DELHI RESOURCES**

ZONE 12 DISTRICT 3011 CLUB ID - 224707

BOOKS & NOTEBOOKS SUPPLIED BY
RTN. PRAN MEHTA (Chief Guest)

SPECIAL INVITEE : MR. YOGESH KHETARPAL, NDSE-1 RWA

Rtn. SUNIL KUMAR DAY, CLUB PRESIDENT
Rtn. NICOLETA CIUFUDEAN, CLUB SECRETARY



Let's Serve Those Today Who Serve Us Everyday



JAN 25, 2023



12:30 till 1:30 PM

DISTRIBUTION OF SANITARY NAPKINS

Venue: Rattan Chand Arya School, Sarojini Nagar



SPONSORED BY
ROTARY CLUB OF
DELHI RESOURCES

ZONE 12

DISTRICT 3011

CLUB ID - 224707



SANITARY NAPKINS SUPPLIED BY
ROTARY CLUB OF ROHTAK SCHOLARS

CHIEF GUEST: RTN. PRAN MEHTA

GUEST OF HONOR : RTN. NITI DAY

&
Rtn. SUNIL KUMAR DAY, CLUB PRESIDENT



On **25th January 2023** RCD Resources distributed 115 packets of Sanitary Napkins (with 6 napkin in each pack) to young girl students of the school. Each girl was given 3 packets. We will revisit and give additional supplies for next 6 months. The Sanitary Napkins were supplied by Saidham Faridabad / Rtn. Ravi Gugnani of Rohtak Scholars Club. The distribution was done by the 1st Lady Rtn. Niti Day along with teachers of the school. The event was also attended by Rtn Pran Mehta, the Chief Guest.





Let's Serve Those Today Who Serve Us Everyday



25-01-2023

Rotary 

10 AM - 2 PM

FREE MAMMOGRAPHY CAMP

(For Detection of Breast Cancer
For 40 - 70 yrs old)

VENUE : SKV, Andrews Ganj



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DELHI RESOURCES**

ZONE 12

DISTRICT 3011

CLUB ID - 224707



UNDER THE GUIDANCE OF
Ms. SONIA SIKKA

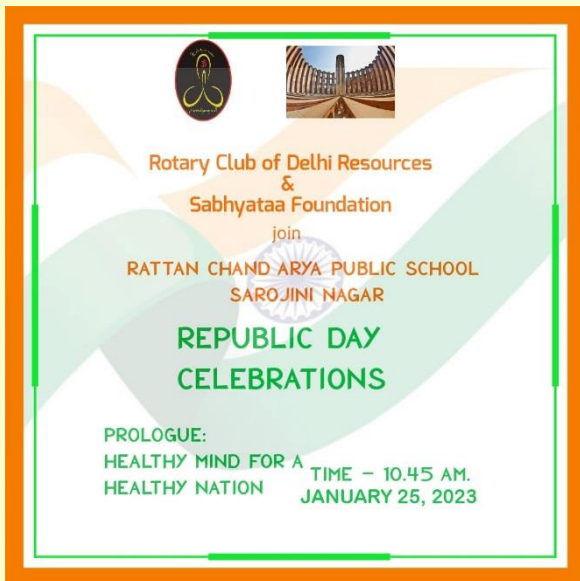
Rtn. NITI DAY, MAMMOGRAPHY MISSION CHAIR - 9868128079
Rtn. SUNIL KUMAR DAY, CLUB PRESIDENT - 9911894444



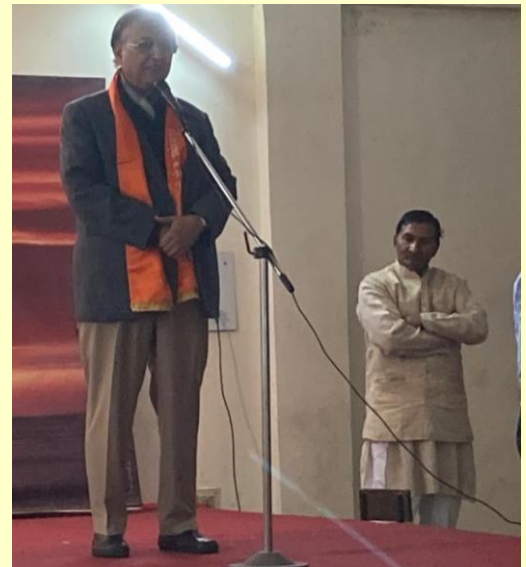
On Wednesday 25th January 2023 our club organized a free Mammography Camp at Sarvodaya Kanya Vidyalaya, Andrews Ganj, New Delhi – 110049 for the underprivileged staff; visiting staff and regular teachers. The Mobile Mammography van is a project of Rotary Club Gurgaon,. In a day 20 ladies can be checked and we met 100% target. The role of School Head Ms. Sonia Sikka in conducting this successful camp is highly appreciated.



Let's Serve Those Today Who Serve Us Everyday

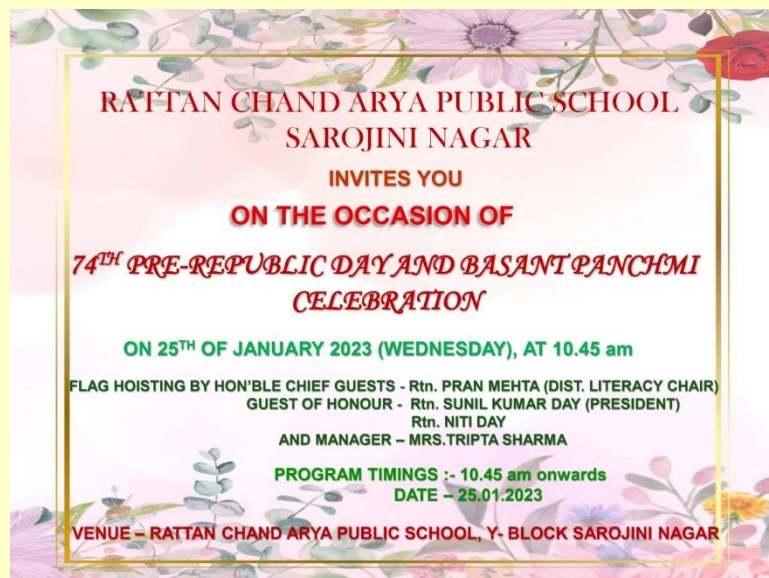


This was our first attempt with expert speaker on Mental Health at any venue by us. On the occasion of Republic Day and Basant Panchami Celebrations being held on **25th January 2023** (26th January happens to be public holiday) at Rattan Chand Arya Public School, Arya Samaj, Y Block, Sarojini Nagar, New Delhi – 110023, we invited Ms. Geetika, the Founder Chair Person and Lead Training of Sabhyataa Foundation. Rtn. Pran Mehta was instrumental in arranging this talk. The talk at School was also attended by the students and teachers as well as members of management including Ms. Tripta Sharma Ji and Principal Ms. Abbha Ji. Incidentally it was also the very first time for the school to have such a talk **on Mental Health** of the school children. Highlight of this event was thorough enjoyment and participation by the students. The management of Arya Samaj School has decided to repeat such programs at their other 50 odd schools.





Let's Serve Those Today Who Serve Us Everyday



Rtn Pran Mehta Ji, Dist. Literacy Chair graced the Republic Day and Basant Panchami Celebrations held today at Ratan Chand Arya Public School at Arya Samaj, Sarojini Nagar, New Delhi - 110023. As Chief Guest he unfurled the National Flag and addressed the students after their colorful performances. President Sunil Day and 1st Lady Rtn Niti Day of RCD Resources were the Guests of Honor. The impressive performance by the students included Yoga; Dances; Short Story; Poetry Recitation; Short Talk and all were highly engaged.





Let's Serve Those Today Who Serve Us Everyday



President Sunil Day and 1st Lady Rtn Niti Day of RCD Resources were invited by the school head Ms. Sonia Sikka for a special tour of the art workshops being run for motivated students on 2 hour every day / 10 hours a week basis to train them in Performing and Visual Arts (PVA) at Ambedkar School of Specialised Excellence (ASoSE), Andrews Ganj, New Delhi - 110049.

The Club has agreed to take selected students (with teachers) to **Art Galleries of Delhi** under the Flagship Project of Art Appreciation being run by our Club to broaden the horizons of these motivated students.

Personality has Power to Uplift, Power to Depress, Power to Curse and Power to Bless."

Paul Harris, Founder of Rotary

Celebrations of February / March

February

- 11 Rtn. Vikas Vij & Rtn. Nidhi Vij
- 12 Rtn. Alok Sahdev
- 20 Rtn. Yogesh Sharma & Anne Sonam Sharma

Anniversary
Birthday
Anniversary

March

- 4 Rtn. Pradeep Pangasa & Rtn. Sarita Pangasa
- 5 Rtn. Rajni Ohri Lal
- 10 Rtn. Ranjit Choudhary & Anne Rekha
- 31 Rtn. Yogesh Sharma

Anniversary
Birthday
Anniversary
Birthday



Let's Serve Those Today Who Serve Us Everyday



ROOM 711

BIRTHPLACE OF ROTARY

on Sunday, 29th January 2023
At Hotel Fortune Select, Gurgaon.
District Team Training Seminar (DTTS)

Program

02:30 PM Registration (DTTS) & High Tea
03:00 PM Inaugural Session
04:30 PM Tea Break
05:00 PM Training Sessions
07:15 PM Comfort Break
07:45 PM Concluding Session
08:30 PM Drinks & Dinner



Rtn. Jeetender Gupta &
Rtn. Deepti Singh Gupta
District Governor 2023-24

Dress Code : Black / Blue / Grey Formals

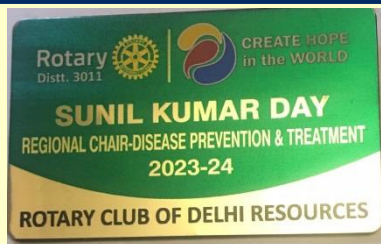
RSVP

Event Chair : AKS PP Rtn. Satish Gosain 9810008664

District Chair Administration 2023-24

PP Rtn. Namrata Suri 9810011874 PP Rtn. Sammeer Gupta 9810217801
PP Rtn. Suresh Chander 9811015462 PP Rtn. Naveen Adhlakha 9466781930

#DilDhadakneDo



The new position at District



Training session in progress



With New District Governor Elect Jeetender Gupta



With District Governor Ashok Kantoor



DTTS – District Team Training Session was held for the incoming team. This was the first in the series to prepare the team members for their future roles. The new position of our President is Regional Chair for Disease Prevention and Treatment will help us serve a bigger section of the society as there will be many clubs under him and that will be very satisfying.



Let's Serve Those Today Who Serve Us Everyday

Rotary Club of Delhi South West
District 3011

21st ROTARY ON THE SPOT POSTER PAINTING COMPETITION
in Collaboration with ARSD College (under Star College Scheme Govt. of India)
ENTRY IS ONLY FOR PRE-REGISTERED STUDENTS
Register for **INDIVIDUAL** participation at
www.rotaryclubdelhisouthwest.org
Note : No Spot Registration at the Venue
On **Sunday, 29th January 2023**, (10:30 am to 01:30 pm)
Venue : ARSD College, Ring Road, Dhaula Kuan, New Delhi
(Atma Ram Sanatan Dharma College)

PARTICIPATION IS FREE : Participation Certificate, Refreshment will be given to all Participants.

IMPORTANT INSTRUCTIONS FOR STUDENTS / SCHOOLS	AGE GROUPS
Student has to come in his/her School Uniform.	(A) 3+ to 6
Student has to bring his/her School ID Card or Age Proof.	(B) 6+ to 9
Participant Entry will start at 10:00 am & close at 12 noon.	(C) 9+ to 13
Student has to show before entering the proof of pre-registration confirmation received (it can be SMS, email or printout of the registration)	(D) 13+ to 17
Entry is only for First 3,500 Participants.	
Result will be displayed online on 4th Feb. 6 pm at www.rotaryclubdelhisouthwest.org	

For any enquiry or Group Registrations Call +91-9667934919, 9667921415 or write to rotaryposterpainting@gmail.com

TOPICS

1. PRIDE OF DELHI : Republic Day, Indian Defence Forces, Green Delhi.
2. CONSERVATION OF ENERGY & RESOURCES : Water, Solar Energy, Efficient use and conservation of water, Energy & Oil.
3. SOCIAL CRIME : Women Safety, Child Abuse, Road Rage, Artificial Intelligence, Digital frauds/ Crime, Corruption & Terrorism.
4. SOCIAL RESPONSIBILITY : Swachh Bharat, Pollution, Donate Organ-Save Life, Donate Blood-Save Life, Civic Sense, Care for Elderly, Beti Bachao-Beti Padhao, Hunger-Health-Humanity, Disaster Management, Road Safety/Traffic Sense, Mobile Mania, Corona a pandemic, G-20 Summit 2023, Global Warming and Clean Yamuna.
5. MISCELLANEOUS : My Family, My Teacher, Digital India, My Favorite Leader, Hero of nation, Make in India.

Award : 11 prizes per age group will be awarded. The entries will be evaluated by a panel of eminent Judges. The Judge's decision will be final and binding. Awards Ceremony at a separate function as per the details below.

EXHIBITION & PRIZE DISTRIBUTION CEREMONY ON SUNDAY 5TH FEB 2023
Venue : Recreational cum Library Centre, Opp. B-4229, Safdarjung Enclave, New Delhi-29

Rules : Stamped drawing sheet will be provided at the venue. Participants must bring their own Colors, Crayons, Brushes, Pencil, Erasers, Easels and Boards etc. The Poster is to be made on any one of the topics with one line bold caption. The poster shall become the property of the organizers.

Rot. Jennifer Jones, R.I. President, R.Y. 2022-23 **Rot. Ashok Kantoor**, District Governor, Dist. 3011

ROTARY CLUB OF DELHI SOUTH WEST

Rtn. VIKAS DHINGRA President 98993 75884 PP AJEET JALAN Advisor 9101 33883	PP RANJAN CHOPRA Event Chairman 98100 47393 PP LALIT VORA Event Co-Chairman 98100 7010	Rtn. J.M. SINGH Secretary 99999 80496 PP SANJEEV VERMA Advisor 98108 49654	Rtn. YOGESH KALRA Treasurer 981020 4548 PP SANDEEP PAL MANDAL Advisor 9108 40076
PP S. B. SINGH Advisor 981000 9553	PP PANKAJ AGARWAL Advisor 98104 01217	PP VINOD BANSAL Advisor 981022 1828	Rtn. SANDEEP AGARWAL Advisor 98111 94792



Rotary Club of Delhi South West organised a Mega Painting Competition for various Age Groups of Children that was held at ARSD College, Dhaula Kuan. Around 1500 kids participated in the wonderful annual event. It was 21st edition! Mr. Sunil Day was invited to attend the event. The kids were very happy and their parents happier. A great experience for all.



आज का विचार

रास्ते मंजिले हूँड ही लेंगे अगर मुसाफिर को लेकर चलेंगे
समाज और देश तभी सुंदर होगा जब माता पिता के दिये
संस्कारों में सबके परिवार ढलेंगे
माली की मेहनत फल और फूलों में दिखाई देती है
भले इंसान की सोहबत से सबकी भलाई होती है
सच को किसी तरह बताया जायँ सच ही होता है
अपनो को दूर। करके इंसान अकेले में बहुत रोता है
अपनी क्रीमत इतनी भी कम मत आंको
लोग क्या कहेंगे छोड़ो अपने मन के दर्पण में खुद झाँको
ईश्वर के होनो को महसूस करो खुद से
बस एक बार बच्चे की तरह देख लो अपनी माँ को।

कुमुदनी

rotary youth leadership awards

Rotary 



Let's Serve Those Today Who Serve Us Everyday



**The best way
to find yourself
is to lose yourself
in the service of others.**



जो हम सोचते हैं, करते हैं,
कहते हैं, क्या वह :

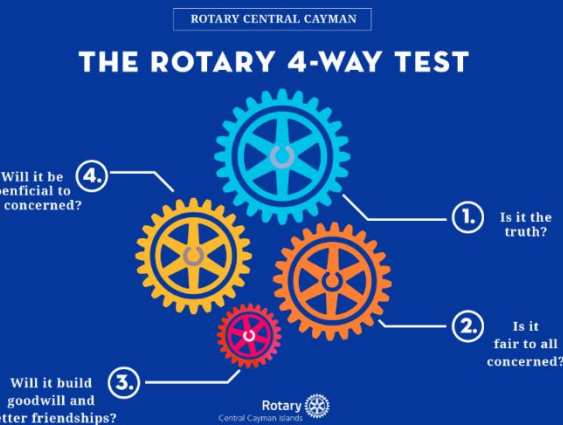
१. सच है ?
२. सब के लिए उचित है ?
३. सद्भावना, भाईचारा और मित्रता बढ़ाते हैं ?
४. सब के लिए लाभदायक है ?

FEBRUARY

"The practice of peace and reconciliation is one of the most vital and artistic of human actions."
Thich Nhat Hanh



**PEACEBUILDING AND
CONFLICT PREVENTION MONTH**



Rotary



Acquaintance
Fellowship
Connections Ideas Opportunity
Expertise Action Fair Respectful Ethical
Integrity
Accountability Honor
Understanding International
Diversity Youth Peace
Membership Commitments United
Community Education Health
Vocational **Service**
Economy Club Scholarship Friendship
Relationships Development
Leadership
Sincere Responsible Professional



Sampada



संपदा



The Official Bulletin of RCD Resources

January 31, 2023 Volume 1 Issue 11

Let's Serve Those Today Who Serve Us Everyday

DEC 06, 2022 Rotary 10 AM - 2 PM

FREE CANCER SCREENING
Venue : Anand Parbat, Military Station.

1. For Men Oral Screening - No Age Limit
2. For Women - Clinical Breast Examination (Age - above 20 years)
3. Pap Smear (Women 21 to 65 years)
4. Clinical Nutritionist Session

Keynote Speaker:
Mr. Ajay Narain
Secretary General Cancer Foundation.
Rtn. NIDHI VIJ, RCD RESOURCES

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ROTARY CLUB OF DELHI RESOURCES
ZONE 12 DISTRICT 3011 CLUB ID - 224707

Rajiv Gandhi Cancer Institute & Research Centre

UNDER THE GUIDANCE OF
Rtn. ARUN ROONGTA, AG

NOV 29, 2022 Rotary 9:30 Onwards
DISTRICT - 3011

EYE CHECK-UP CAMP
VENUE : ARYA SAMAJ, GOVIND PURI, KALKA JI

TESTING BY

CENTRE FOR SIGHT
Every eye deserves the best

SPONSORED BY
ROTARY CLUB OF DELHI RESOURCES
ZONE 12 DISTRICT 3011 CLUB ID - 224707

DEC 10, 2022 Rotary 1200 - 1600 HRS

Venue : Anand Parbat, Military Station.

LE & RN
Lymphatic Education & Research Network

1. Talk on Healthy Legs : Lymphedema & Varicose Veins &
2. Distribution of Compression Stockings

CO-SPONSORED BY
ROTARY CLUB OF DELHI RESOURCES
ZONE 12 DISTRICT 3011 CLUB ID - 224707

Rtn. ARUN REKHA, LERN CHAIRPERSON
Rtn. ARUN ROONGTA, DIRECTOR, NORTH INDIA

DEC 10, 2022 Rotary 12 NOON - 4 PM

CANCER SCREENING
Venue : Anand Parbat, Military Station.

1. General Check UP For All BP / Sugar
2. Cancer Screening For Men - Oral Screening (No Age Limit) For Women - Breast & Oral

Any Specific Problems For Men / Women

Keynote Address By:
Dr. Piyush
Department Of Surgical Science-AIIMS

CO-SPONSORED BY
ROTARY CLUB OF DELHI RESOURCES
ZONE 12 DISTRICT 3011 CLUB ID - 224707

All India Institute Of Medical Science (AIIMS)

UNDER THE GUIDANCE OF
Rtn. ARUN ROONGTA, AG

Rotary Club of Delhi Resources & Sahyatra Foundation join

RATTAN CHAND ARYA PUBLIC SCHOOL SAROJINI NAGAR

REPUBLIC DAY CELEBRATIONS

PROLOGUE:
HEALTHY MIND FOR A HEALTHY NATION

TIME - 10.45 AM
JANUARY 25, 2023

JAN 25, 2023 Rotary 12:30 till 1:30 PM

DISTRIBUTION OF SANITARY NAPKINS
Venue: Rattan Chand Arya School, Sarojini Nagar

SPONSORED BY
ROTARY CLUB OF DELHI RESOURCES
ZONE 12 DISTRICT 3011 CLUB ID - 224707

SANITARY NAPKINS SUPPLIED BY
ROTARY CLUB OF ROHTAK SCHOLARS

CHIEF GUEST: RTN. PRAN MEHTA

GUEST OF HONOR : RTN. NITI DAY &
Rtn. SUNIL KUMAR DAY, CLUB PRESIDENT

गूज..
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BASERA FOUNDATION

EDUCATION FOR ALL

We are running free education center in Rajnagar Extension.
Help these kids to build their future

WE WOULD LIKE TO STUDY
CAN YOU HELP US

DEC 30, 2022 Rotary 9:30 am till 2:00 pm

FREE GENERAL HEALTH CHECK-UP
VENUE : DAV Public School, Reserve Bank Enclave, Paschim Vihar

FIRST COME, FIRST SERVED

Bone Mineral Density Random Blood Sugar
ECG Blood Pressure

CO-SPONSORED BY
ROTARY CLUB OF DELHI RESOURCES
ZONE 12 DISTRICT 3011 CLUB ID - 224707

MS. SEEMA DATTA, PRINCIPAL

CANCER

AWARENESS

& DETECTION

CAMP

Venue
Military Station
Anand Parbat



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ZONE 12 DISTRICT 3011 CLUB ID - 224707



IMAGINE
ROTARY

UNDER AN INITIATIVE AND SUPPORT OF
THE CANCER FOUNDATION

Date
Dec 10, 2022

Time
10 am - 4 pm

TOGETHER PEOPLE CREATE CHANGE